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Head Teacher: Mr P. Rust

5th February 2018

Health & Hygiene **Y5 Puberty Talk**

Dear Parents & Carers,

As part of our Personal, Social and Health Education (PSHE) topic next half-term, we will be learning about health, hygiene and puberty. The objectives of these lessons are to prepare children for how their bodies are going to be changing as they grow into young adults.

The sessions will consist of a DVD, puberty talk and variety of different activities that will help to consolidate their learning. There will also be time for questions and answers.

This is an important topic that will be taught sensitively, using age-appropriate language and materials.

If you have any questions as a parent regarding the puberty talk, or any part of this topic, please do not hesitate to get in touch. We will do our very best to help.

Our thanks in anticipation of your support.

Yours sincerely,

Miss Duty, Mrs Fitzpatrick & Mr Finch

Y5 Class Teachers

